COURSE SYLLABUS

Pratiche Filosofiche
1617-1-F8501R009

Course title

Philosophical practices: Exploring oneself and the world.

Topics and course structure

Introduction to philosophical practices, i.e., to philosophy as a form of life and to philosophical-spiritual exercises. In the late ancient developments as well as in the Aristotelian and Platonic meditations, philosophy is understood in its essential and originary practical dimension, thus casting light on the crucial problems involved in the formative processes and in the relations of care.

The course focuses on the teachings of the Greek-Roman schools, underlining their ethico-political and pedagogical implications.

The study of ancient texts shows how the human activities overall, including the theoretical-contemplative investigations, rest on material, phenomenal, worldly conditions and necessarily entail involvement in action. So much so that the tragic vision of human life seems to be the motivating factor urgently calling for philosophical reflection. The latter thus clearly presents a therapeutic valence.

Objectives

Methodologies

Lectures, discussion, seminars.
Online and offline teaching materials

Programme and references for attending students
P. Hadot, Spiritual Exercises and Ancient Philosophy
P. Hadot, What is Ancient Philosophy?
P. Hadot, Plotinus or the Simplicity of Vision
C. Baracchi, Amicizia

Programme and references for non-attending students
Same as for the attending students.

Assessment methods
Oral exam.

Office hours
By appointment.

Programme validity

Course tutors and assistants