COURSE SYLLABUS

Psicologia Clinica

1718-3-E3901N033

Learning objectives

Knowledge and understanding

To describe the main topics in clinical psychology and psychopathology (for adults and children) in relation to different kind of clients that social workers have to meet.

To describe the different patterns of attachment and the interpersonal motivational systems within the professional relationship

Applying knowledge and understanding

To describe the relational attitudes with clients through self-reflection exercises and discussion of clinical cases.

To develop the ability to recognize and manage in a functional way clients with a range of mental health problems.

Contents

Clinical Psychology (definitions, areas of interest and intervention)

The difficult client: social construction and personal narrative

The interpersonal motivational systems in the professional context

Psychopathology in adult and children
Emotions and emotion regulation

Attachment relations and psychopathology

Detailed program

The course allows to integrate the main concepts of developmental and social psychology (mainly in relation to the attachment theory and interpersonal motivational systems) with the clinical psychology and psychopathology. In particular these topics will be discussed:

- The interpersonal motivational systems: attachment, caregiving, agonism, sexual, cooperative
- Psychopathology and attachment: clinical implications
- Developmental psychopathology
- Adult psychopathology: anxiety disorders, mood disorders, personality disorders
- Psychological problems in elder
- Emotions and emotion regulation

Prerequisites

Basic knowledge of social psychology and developmental psychology

Teaching methods

Lectures, clinical cases discussion, work in group

Assessment methods

Written examination with multiple choice questions and open questions and oral examination

Textbooks and Reading Materials

- Sanavio E., Cornoldi C., “Psicologia Clinica”, Il Mulino, 2017 (terza edizione);

- Rezzonico G., Ruberti S., “L’attaccamento nel lavoro clinico e sociale: esplorazione e sviluppo di nuovi modelli
d’intervento”, Franco Angeli, 1996 (solo il capitolo 2);

- Rezzonico G., Meier C., “Il counselling cognitivo relazionale”, Franco Angeli Editore, 2010. (parte 1: capitoli 2, 3; parte 2: capitoli 3, 5);