

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

# La Depressione Post Partum: Strumenti per Riconoscerla e Gestirla

1718-4-H4101D241

### Aims

Goal: the course aim is to give the basic theoretical knowledge about post-partum depression, diagnosis and treatment

Help student to acquire practical abilities in these case management

### Contents

Post-partum depression

Risk assessment Net intervention Practical exercises

### **Detailed program**

Post-partum depression: diagnosis, differential diagnosis, attachment theory, assessment, screening, clinical intervention.

Practical exercises of case management

# Prerequisites

# **Teaching form**

Frontal lesson and practical exercises

## Textbook and teaching resource

## Semester

#### Assessment method

Questionnaire

# Office hours