



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Valutazione Clinica e Riabilitazione del Rachide Lombare

1718-4-H4101D136

Aims

Knowing the clinical and practical approach of the lumbar spine conditions

Contents

The course is divided into 2 sessions of 3 hours and a 2-hour to illustrate back pain clinical assessment and treatment: rehabilitation and surgical approach.

Detailed program

- The lumbar spine: anatomy, physiopathology
- The role of biomechanical overload exposure
- Clinical History
- Clinical assessment of the low back
- Rehabilitation
- Drug and Surgical treatment
- Practice in small group

Prerequisites

Medical students at 4th year and over and students of the Courses in Physiotherapy or Childhood Neuro and Psicomotricity at 2nd year and over

Teaching form

Lessons and Practice in small groups

Textbook and teaching resource

S. Sahrmann - Diagnosis and Treatment of Movement Impairment Syndromes

Semester**Assessment method**

Interactive verification at the course conclusion

Office hours
