



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Valutazione Clinica e Riabilitazione del Rachide Lombare

1718-4-H4101D136

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#### Aims

Knowing the clinical and practical approach of the lumbar spine conditions

#### Contents

The course is divided into 2 sessions of 3 hours and a 2-hour to illustrate back pain clinical assessment and treatment: rehabilitation and surgical approach.

#### Detailed program

- The lumbar spine: anatomy, physiopathology
- The role of biomechanical overload exposure
- Clinical History
- Clinical assessment of the low back
- Rehabilitation
- Drug and Surgical treatment
- Practice in small group

**Prerequisites**

Medical students at 4th year and over and students of the Courses in Physiotherapy or Childhood Neuro and Psychomotricity at 2nd year and over

**Teaching form**

Lessons and Practice in small groups

**Textbook and teaching resource**

S. Sahrman - Diagnosis and Treatment of Movement Impairment Syndromes

**Semester****Assessment method**

Interactive verification at the course conclusion

**Office hours**

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