



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Coscienza e Sogno

1718-2-H4101D067

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#### Aims

To know the main theoretical models related to consciousness and the dream and some phenomena linked to the psychopathological and normal processes

#### Contents

1 lesson of 8 hours (4h consciousness and 4h dream).

The latest topics concerning the two areas will be presented with references to the main lines of research, discussing the dream and its manifestations in relation with the broader theme of consciousness.

#### Detailed program

The evolution of the problem of consciousness; neuropsychology of consciousness; alteration of consciousness; development of consciousness;

consciousness in humans and other species.

History of the dream; functions of the dream; neuropsychology of sleep and dreaming; the dream in psychotherapy; dream and individual differences.

**Prerequisites**

Medical students at 3rd year and over

**Teaching form**

Lectures, videotapes

**Textbook and teaching resource**

-Rezzonico, Liccione (2004) "Sogni e Psicoterapia", Bollati Boringhieri

-Galati, Tinti (2004) "Prospettive sulla coscienza", Carocci

**Semester****Assessment method**

Interactive verification at the course conclusion

**Office hours**

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