



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Il Rischio Cardiovascolare nella Popolazione Generale. Aspetti Metodologici, Clinici e Nuove Prospettive di Prevenzione

1819-5-H4101D313

Aims

Acquire informative and training elements on the importance of global cardiovascular risk assessment in the general population, on appropriate non-pharmacological and pharmacological interventions able to reduce the development of predisposing conditions for cardiac and cerebral events

Contents

See Extended program

Detailed program

- 1) Cardiovascular risk in the general population:
 - a) Genetic / constitutional factors
 - b) Acquired factors
 - c) Gender risk
 - d) Interaction of risk factors
- 2) How to correctly evaluate cardiovascular risk. Limits and benefits of cardiovascular risk cards.
- 3) New cardiovascular risk markers
- 4) Non-pharmacological interventions on a general and individual level
- 5) Role of nutraceuticals in prevention
- 6) Role of "old" and "new" drugs in cardiovascular prevention.

Prerequisites

Students in V and VI years of Medicine and Surgery

Teaching form

Interactive lessons

Textbook and teaching resource

Recent Guidelines of the Principal National and International Scientific Societies in Cardiovascular and Metabolic Areas

Semester**Assessment method**

Questionnaire administration

Office hours
