



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### **Internato in Reparto di Psichiatria**

1819-5-H4101D180

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#### **Aims**

The Course provides the student with the essential theoretical knowledge related to Behavioural Sciences with a view on their subsequent professional application in the clinical context.

- a) the identification and diagnosis of specific mental disorders starting from the biopsychosocial etiopathogenetic theory
- b) the identification of the most useful therapies to the care and cure of the patient suffering from mental disorder, starting from the Guidelines of psychiatric treatment deriving from the EBM approach
- a) the identification of the complexity of the relationship with the patient suffering from mental disorder
- b) the understanding of the importance and the application of the information deriving from the psychosocial context in the care, cure and rehabilitation of a patient suffering from mental disorder
- c) the selection of a few basic elements designed to provide information and psychoeducation to the patient with mental disorder and his family about main topics such as: the disease in progress; developing a good therapeutic relationship; the improvement of the therapeutic adherence and compliance

#### **Contents**

#### **Detailed program**

## **Prerequisites**

## **Teaching form**

the students will have the chance to shadow psychiatrists in all scopes of their clinical day-to-day work (Ward, Emergency Room, Routine Activities on the Territory, Specific Outpatient Activities, Residential Therapeutic Rehabilitation)

## **Textbook and teaching resource**

## **Semester**

## **Assessment method**

## **Office hours**

by appointment

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