



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Psicologia Clinica

1819-5-H4101D026-H4101D101M

Aims

To know and distinguish the areas of application and effectiveness of the different psychological interventions (counseling/psychotherapy); to recognize the appropriateness of the psychological interventions in medical situations and be able to use the psychological services hospital and territorial; self-evaluation competence in the development of one's own professional competence and attitudinal psychological changes

Contents

Clinical psychology in the health system; Evidence Based clinical psychology interventions; counseling and psychotherapy; different psychotherapeutic approaches

Detailed program

Hospital services of clinical psychology: structure, organization and functions; clinical psychology interventions in hospital setting and in psychiatric disorders; psychological counselling interventions: characteristics and areas of application; psychotherapy models; Evidence Based interventions: cognitive behavioral treatments, Dialectic Behavior Therapy, Mindfull Based Stress Reduction

Prerequisites

Previous medical internships

Teaching form

Large group frontal lessons with the use of interactive strategies; experiential teaching in small group

Textbook and teaching resource

Jill M. Hooley - James N. Butcher - Matthew K. Nock - Susan Mineka (2017). Psicopatologia e psicologia clinica con MyLab e eText. Pearson

Semester

first term

Assessment method

Written test: 2 open questions

Office hours

by appointment

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