UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Aspetti Nutrizionali nell'Insufficienza Renale

1819-4-H4101D076

Aims

Giving the most comprehensive framework concerning metabolic alterations during renal failure

Contents

The multiple metabolic alterations induced by renal impairment may alter the nutritional status, metabolic and electrolyte balance hydro patients, with an impact on morbidity and mortality.

The course covers the following topics:

1) an assessment of nutritional status and metabolism in patients with ARF and IRC and replacement dialysis treatment

2) appropriate dietary therapy at different stages of the disease

Detailed program

Introduction to metabolic alterations in renal failure Appraisal of nutritional status in patients with acute renal failure, chronic renal failure, undergoing hemodialysis , undergoing peritoneal dialysis Dietetic schemes linked with renal failure, particularly metabolic acidosis and electrolyte imbalance control, idrosodic balance control, progressive kidney damage control With regard to ipo-protein diet.

Malnutrition of patients undergoing hemodialysis and peritoneal dialysis

Prerequisites

Attendance of the fourth year of the Faculty of Medicine at the University of Milan-Bicocca

Teaching form

Theoretical classes as well as practical exercises providing dietetic schemes for every stage of renal failure both acute and chronic

Textbook and teaching resource

Semester

Assessment method

Interactive verification at the course conclusion

Office hours