UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

General Psychology I

1819-1-H4102D005-H4102D015M

Aims

To develop the ability to recognize and distinguish relational elements in doctor-patient interactions.

To become aware of the personal mechanisms of relational functioning.

Knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient;

Knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions).

Contents

Interpersonal motivational systems

Attachment in the relationship with patients

Human dimension in doctor patient relationship

Detailed program

The motivation, from Maslow pyramid to interpersonal motivational systems. Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative).

Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-

based care approach. Different attachment styles (secure, avoidant, ambivalent, disorganized).

Prerequisites

none

Teaching form

Lectures, reflective activities in small groups starting from stimuli defined by the teacher (questionnaires, open questions, articles).

Movies and discussion (e.g. The doctor 1991)

Textbook and teaching resource

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. Medicine Today, 17(1-2), 36-44.

Liotti, G. and Gilbert, P. (2011) 'Mentalizing, motivation, and social mentalities: theoretical considerations and implications for psychotherapy', Psychology and Psychotherapy: Theory, Research and Practice, 84,1, 9-25.

Hunter J. and Maunder R. (Editors) (2016). Improving Patient Treatment with Attachment Theory: A Guide for Primary Care Practitioners and Specialists. Springer

Semester

first term

Assessment method

The final test measures the level of knowledge, the level of inductive and deductive reasoning, and problem solving ability.

It includes discussion of problems, analysis of clinical cases and open conceptual questions

Office hours

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