UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Ansia e Fobia Dentale: Modelli di Trattamento

1819-3-H4601D068

Aims

Recognize anxiety and dental phobia; to acquire the knowledge of the main strategies to manage anxious situations related to dental phobia

Contents

Introduction to dental phobia, explanatory model and treatments

Detailed program

Recognize anxiety and dental phobia; to acquire the knowledge of the main strategies to manage anxious situations related to dental phobia

Prerequisites

Dental students (3th year and over) and dental hygiene students (1th year and over)

Teaching form

Lectures

Textbook and teaching resource

Lars-Göran Öst, Erik Skaret (2014). Cognitive Behavioral Therapy for Dental Phobia and Anxiety. Wiley

Semester

Annual

Assessment method

active partecipation to the activities

Office hours

by appointment: marco.bani1@unimib.it