



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psichiatria

1819-2-H4601D009

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#### Aims

The Course aims to reach the following goals:

a) the identification and diagnosis of specific mental disorders starting from the biopsychosocial etiopathogenetic theory

b) the identification of the most useful therapies to the care and cure of the patient suffering from mental disorder, starting from the Guidelines of psychiatric treatment deriving from the EBM approach

c) the identification of the complexity of the relationship with the patient suffering from mental disorder

the understanding of the importance and the application of the information deriving from the psychosocial context in the care, cure and rehabilitation of a patient suffering from mental disorder

#### Contents

The Course provides the student with the essential theoretical knowledge related to Behavioural Sciences with a view on their subsequent professional application in the clinical context.

The Course allows the student to learn about, and further develop, the interrelationships between the contents of neuroscience, psychopathology, clinical psychiatry and psychopharmacology in the dimension of the CNS

complexity and the integration of functions. This cognitive route is aimed at understanding the most important and varied pathological clinical conditions in regards to both health and real illness, with particular attention to interdisciplinary Medical and Behavioural Sciences and to results deriving from EBM and gender-related medicine.

## **Detailed program**

### **PSYCHIATRY:**

1.

Introduction

2. Historic development of the concepts of normality and illness in the field of mental health

3. Historic development of the therapeutic models in psychiatry and of the organization and structure of the psychiatric care

4. Relevant psychiatric and drug addiction legislation

5. General and specific epidemiology in psychiatry

6. Diagnostic psychiatry: the coding classification of mental disorders and the role of DSM-5 and ICD-10 classification system

7. The specific mental disorders: diagnosis, clinical conditions and treatment of:

7.1

Substance-related and Addictive Disorders

7.2

Anxiety Disorders

7.3

Obsessive-Compulsive and Related Disorders

7.4

Trauma- and Stressor-Related Disorders

7.5

Depressive Disorders

7.6

Bipolar and Related Disorders

7.7 Schizophrenia Spectrum and Other  
Psychotic Disorders

7.8  
Feeding and Eating Disorders

7.9  
Personality Disorders

7.10 Outline on Neurocognitive Disorders  
and Somatic Symptom and Related Disorders

7.11 Notes about the concepts of impulsivity  
and aggression in psychiatry (suicide, attempted suicide, violence against  
others, jail and prison psychiatry)

8.  
Treatments in psychiatry: psychopharmacological therapies, general  
rudiments of psychotherapy and psychoeducation (individual, group and family);  
psychosocial rehabilitation

## **Prerequisites**

Knowledge of the propaedeutic  
Courses indicated in the rule book of the Degree

## **Teaching form**

Lectures aiming to offer  
in-depth knowledge on clinically relevant topics

## **Textbook and teaching resource**

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American Psychiatric Association,  
DSM-5, Manuale Diagnostico e Statistico dei Disturbi Mentali, Raffaello Cortina  
Editore, Milano 2014

-  
Barnhill J.W. (ed), DSM-5. Casi Clinici, Raffaello Cortina Editore, Milano 2014

-  
Nussbaum A.M., L'esame diagnostico  
con il DSM-5, Raffaello Cortina Editore, Milano 2014

-  
Muskin P.R. (ed), Domande e Risposte  
sui criteri diagnostici. DSM-5. Un Manuale utile per facilitare l'apprendimento  
dei criteri diagnostici del DSM-5, Raffaello Cortina Editore, Milano 2016

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American Psychiatric Association,  
Comprendere i Disturbi Mentali. Una guida per la famiglia con l'aiuto del  
DSM-5. Raffaello Cortina Editore, Milano 2018

Hales R.E., Yudofsky S.C., Roberts L.W. (eds), Manuale di Psichiatria  
della American Psychiatric Publishing, EDRA Milano 2015

## **Semester**

3 Anno - 1 Semestre

## **Assessment method**

Oral exam with  
evaluation of learning and knowledge of the topics studied during the Course  
through a clinical case study and in-depth questions on other topics.

No tests during the term

## **Office hours**

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