UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychology

1920-5-H4101D026-H4101D101M

Aims

To know and distinguish the areas of application and effectiveness of the different psychological interventions (counseling/psychotherapy); to recognize the appropriateness of the psychological interventions in medical situations and be able to use the psychological services hospital and territorial; self-evaluation competence in the development of one's own professional competence and attitudinal psychological changes and patient-doctor relationship, teamwork, leadership and negotiation.

Contents

Clinical psychology in the health system; Evidence Based clinical psychology interventions; counseling and psychotherapy; different psychotherapeutic approaches; risk and protective factor in the bio-psycho-social approach to psychopathology and treatment.

Detailed program

Hospital services of clinical psychology: structure, organization and functions; clinical psychology interventions in hospital setting and in psychiatric disorders; psychological counselling interventions: characteristics and areas of application; psychotherapy models; Evidence Based interventions: cognitive behavioral treatments, DialecticBehavior Therapy, Mindfulness Based Stress Reduction, ACT. Attachment as a protective or risk factor in some of the most common clinical situations.

Prerequisites

Previous medical internships

Teaching form

Large group frontal lessons with the use of interactive strategies; experiential teaching in small group

Textbook and teaching resource

Jill M. Hooley - James N. Butcher - Matthew K. Nock - Susan Mineka (2017). Psicopatologia e psicologia clinica con MyLab e eText. Pearson

articles on Evidence Based Clinical Psychology Interventions

Siegel, Hartzel "Errori da non ripetere", Cortina Editore

selected chapters form the textbook "Manuale di Psicoterapia Cognitiva", Bara ed. Bollati Boringhieri Editore

Semester

FIRST TERM

Assessment method

written, open questions aimed at assessing student's competence in describing psychological components in standard medical situations and/or describe the most appropriate and evidence based psychological interventions (psychotherapy or counselling) in a wide range cof clinical situations

Office hours

on appointment by email contact: mariagrazia.strepparava@unimib.it