



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Clinica

1920-5-H4101D026-H4101D101M

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#### Aims

To know and distinguish the areas of application and effectiveness of the different psychological interventions \_\_\_\_\_

#### Contents

Clinical psychology in the health system; Evidence Based clinical psychology interventions; counseling and \_\_\_\_\_

#### Detailed program

Hospital services of clinical psychology: structure, organization and functions; clinical psychology interventions in \_\_\_\_\_

#### Prerequisites

Previous medical internships

## **Teaching form**

Large group frontal lessons with the use of interactive strategies; experiential teaching in small group

## **Textbook and teaching resource**

Jill M. Hooley - James N. Butcher - Matthew K. Nock - Susan Mineka (2017). Psicopatologia e psicologia clinica ...

articles on Evidence Based Clinical Psychology Interventions

Siegel, Hartzel "Errori da non ripetere", Cortina Editore

selected chapters from the textbook "Manuale di Psicoterapia Cognitiva", Bara ed. Bollati Boringhieri Editore

## **Semester**

FIRST TERM

## **Assessment method**

written, open questions aimed at assessing student's competence in describing psychological components in standard medical situations and/or describe the most appropriate and evidence based psychological interventions (psychotherapy or counselling) in a wide range of clinical situations

## **Office hours**

on appointment by email contact: [mariagrazia.strepparava@unimib.it](mailto:mariagrazia.strepparava@unimib.it)

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