



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Endocrinology A

1920-3-H4101D258-H4101D049M

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#### Aims

The primary goal of the course is to provide students with the pathophysiologic basis to understand the clinical and surgical semeiotics and the physiopathology of the digestive and endocrine system in order to make correlations between the inner mechanisms of diseases and their clinical expression. The student will be able to interpret symptoms, signs and laboratory tests as well as radiologic and endoscopic findings. Clinical tools to understand concepts of organ-limited disease, system involvement or systemic disease will be provided.

#### Contents

Hypothalamic and pituitary disease; thyroid diseases, disorders of calcium and phosphorus metabolism and parathyroid diseases. Adrenal disease. Hypogonadism. Diabetes. Dyslipidemias. Gout. Obesity and underweight

#### Detailed program

HYPOTHALAMIC AND PITUITARY DISEASES Pituitary Physiology and Diagnostic Evaluation, Pituitary Masses and Tumors: non secreting and secreting (prolactin, GH, TSH, ACTH, FSH/LH), pituitary adenomas, hypopituitarism (panhypopituitarism and selective hormone deficiencies), neuropituitary diseases (diabetes insipidus, Syndrome of Inappropriate Antidiuretic Hormone Secretion) , THYROID DISEASES Hyperthyroidism (Graves-Basedow, Plummer, multinodular goiter), hypothyroidism and thyroiditis, thyroid nodule, thyroid cancer, DISORDERS OF CALCIUM AND PHOSPHORUS METABOLISM AND PARATHYROID DISEASES Hyperparathyroidism, Hypoparathyroidism, pseudohypoparathyroidism, Paget diseases, Osteoporosis. ADRENAL DISEASES Syndrome di Cushing, Addison's Disease, hyperaldosteronism, pheochromocytoma/paraganglioma and endocrine hypertension. REPRODUCTION Physiology and Pathology of the Female Reproductive Axis, Hormonal Contraception, Testicular Disorders, Sexual Dysfunction in Men and Women MULTIPLE ENDOCRINE NEOPLASIA MEN1, MEN2A, MEN2B DIABETES AND METABOLIC DISEASES Type 2 Diabetes Mellitus, Type 1

Diabetes Mellitus, Gestational diabetes, Complications of Diabetes Mellitus, hypoglycaemia, control of energy metabolism, obesity, gout, dyslipidemias, Gastrointestinal Hormones

## **Prerequisites**

Propaedeutic skills

## **Teaching form**

Lectures and exercises

## **Textbook and teaching resource**

“Malattie del Sistema Endocrino e del Metabolismo” Giovanni Faglia, Paolo Beck- Peccoz IV ed. 2016, Collana Patologia sistematica medica e chirurgica, McGraw-Hill ISBN 9788838623929

“Endocrinologia e metabolismo” Giovanni Faglia, Paolo Beck-Peccoz, Anna Spada, Andrea Lania. Edizione 2009, Collana Core Curriculum, McGraw-Hill. ISBN: 9788838639586.

“HARRISON - Clinical Endocrinology” J. Larry Jameson Edizione 2007, Editore da McGraw-Hill. ISBN: 9788838639210

## **Semester**

Second semester

## **Assessment method**

Written and oral test.

Multiple choice test comprising 30 questions with only one correct answer (among 4/5) aimed at evaluating global comprehension of course program. Each correct answer is scored 1.

Oral examination consisting in the discussion of some written questions, aimed at verifying the student ability to make connections and provide further details.

## **Office hours**

Appointment requested by email.

