

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

# Psicopatologia dello Sviluppo

1920-5-G8501R030

#### Course title

**Developmental Psychopathology** 

#### **Topics and course structure**

From the development of the normative system to the evaluation and classification with children and adolescents in educational settings, the course in developmental psychopathology aims at providing an integrated view of the emotional and clinical cognitive aspects from which maladaptive behaviors arise.

Emphasis is on risk factors and promotion aspects triggering mental health as well as on describing characteristics of disorders that are first evident in childhood. In our framework, the developmental psychopathology perspective represents an opportunity to think originally about the critical research and clinical outcomes that may arise from it.

# **Objectives**

- 1) Contextualize the historical overview of developmental psychopathology.
- 2) Demonstrate the ability for critical evaluation of key aspects of developmental psychopathology.
- 3) Demonstrate the knowledge of different type of empirical tools for assessing and evaluating children' behaviors.

# Methodologies

Lecture-style instruction

Case studies

# Online and offline teaching materials

Further readings will be provided during the course.

Some of the materials used during the course are in English.

# Programme and references for attending students

- 1) Course Introduction
- 2) Historical contextualization
- 3) Paradigms and cognitive clinical model
- 4) Attachment theory
- 5) Principles of diagnostic
- 6) Tools for clinical diagnosis
- 7) Psychosomatic and Somatoform Disorders
- 8) Childhood eating disorders
- 9) Emotional regulation disorders
- 10) Autism Spectrum Disorder
- 11) Anxiety disorder
- 12) Mood disorders
- 13) Disruptive, impulse-control and conduct disorders
- 14) Trauma and stress-related disorders

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Programme and references for non-attending students
Assessment methods
Written (5 multiple-choice closed questions, 3 theoretical definitions and 1 open-ended question) + Ora examination
Office hours
On request.
Programme validity
Course tutors and assistants
Tutor
Dr. Alberto Mascena
Experts on the field
Hala Shoman, Durham University
Giulia Deseri, Universität Würzburg
Dario Firenze, Università di Torino

