



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Posturologia Gnatologica e Sportiva

1920-2-H4601D052

---

#### Aims

To learn the basic skills to approach the athlete in an interdisciplinary way, with particular attention to the functional, traumatological, management of the oral ecosystem and performance

#### Contents

The functional and metabolic aspects characteristic of the stresses to which an athlete is subjected are tackled, from the point of view, traumatological, gnathological, preventive, and performance.

#### Detailed program

Sports history, clinical examination, stomatognathic function, joint pathology, muscular disharmony, descending and extra-abnormal interferences, instrumental evaluations, mouthguards, bite, management of the oral ecosystem, hydration and nutrition, performance aspects, management of the patient with facial trauma

#### Prerequisites

## **Teaching form**

lecture with slides

## **Textbook and teaching resource**

Odontoiatria e Sport, E. Spinass et al. , Edi Ermes

## **Semester**

Second semester

## **Assessment method**

Constant and participatory attendance of the course.

## **Office hours**

---