

UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Fattori di Rischio e Protezione nella Formazione della Personalità

1920-3-E2401P031

Learning area

1: Knowledge and skills useful to understand, promote and change individual psychological functioning

Learning objectives

Knowledge and understanding

- · Personality and personality pathology
- · Psychological models of personality
- · Risk and protective factors
- · Categorical and alternative models for diagnosing personality pathology
- Identifying the core features of personality pathology
- · Identifying specific personality disorders
- · Critical analysis of the scientific literature on protective and risk factors of personality

Contents

The course aims at providing theoretical, methodological, and clinical elements related to personality and personality pathology development. The role of risk and protective factors in personality pathology development will

be examined, according to both psychological theories and empirical studies.

Finally, the course will present the scientific debate related to categorical and dimensional models of personality pathology.

Detailed program

- Psychological theories on personality
- · Clinical theories on personality pathology
- Theories and empirical studies on risk and protective factors in personality pathology
- The DSM-5 approach to personality disorders: official classification and the alternative model for personality disorders
- · Assessment of personality disorders

Prerequisites

Since scientific literature in English will be presented, it is recommended that students have already taken the Advanced English exam (Second year).

Teaching methods

Lectures, discussion on scientific papers, seminars on specific topics, discussion on clinical cases.

The course material (slides and scientific papers) will be made available on the e-learning web site, so that also non-attending students can use it

Assessment methods

The exam will mainly verify the following topics:

- main features of personality
- main features of pathological personality
- risk and protective factors of pathological personality
- personality disorders
- DSM-5 criteria for diagnosing personality disorders
- diagnostic instruments for personality disorders

Students who pass the first partial written exam can do the second one.
Textbooks and Reading Materials