

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **SYLLABUS DEL CORSO**

# Laboratorio: Metodi di Valutazione dell'Interazione e della Regolazione Emotiva Genitore / Bambino

1920-3-E2401P053

# Learning area

2: Knowledge and skills useful to understand and change the relations among individuals and the psychosocial processes underlying groups, organizations and social systems

# Learning objectives

Knowledge and understanding

- · Caregiver-infant interactions
- Child attachment
- · Child socio-emotional development
- · Continuity of emotional regulation styles and attachment models during cycle of life
- Traumatic and at risk child development

### Applying knowledge and understanding

- To identify the interaction styles
- · To identify emotional regulation between caregiver and infant in the first years of life
- To recognize the attachment styles
- To distinguish a problematic mother-infant interactions
- To evaluate child drawings

#### **Contents**

The course will be briefly focused on the theoretical assumptions related to parental responsiveness/sensitivity and children's styles of interaction and emotional regulation. Furthermore, styles of interaction with aspects of adequacy and risk for the subsequent socio-emotional development of children will be illustrated with video-recordings of caregiver/child interaction. The different coding systems used in this field will be examined.

# **Detailed program**

- Coding systems for caregiver-infant interactions during the first years of life and scholar age
- Coding systems for caregiver-infant emotional regulation
- Coding systems for child attachment
- Coding systems for child drawinings
- . Coding systems for child traumatic development

# **Prerequisites**

Nothing specific. A good knowledge of the basis of Psychology enables a more aware use of the course contents.

# **Teaching methods**

In addition to classroom lectures, part of the teaching will take place through video presentations and exercises on the course topics with the discussion of case studies.

The material (slides) is made available on the e-learning site of the course.

#### Assessment methods

In order to overcome the laboratory, students should attend at least 75% of lessons. The activities carried out by the student during the course will be evaluated for the acquisition of CFU. Students are required to make a report.

## **Textbooks and Reading Materials**

Detailed information about the teaching material will be published on the e-learning page associated with the course.

