

COURSE SYLLABUS

The Psychology of Life Cycle

1920-3-E2401P022

Learning area

1: Knowledge and skills useful to understand, promote and change individual psychological functioning

Learning objectives

Knowledge and understanding

- Principles of developmental psychology in the life cycle
- Motivational systems, affective roles and developmental tasks in the life cycle
- Relationship between psychological problems and developmental tasks
- Rule-breaking behaviours in adolescence and psychosocial response

Applying knowledge and understanding

- Identifying the basic motivations
- Describing the characteristics of the life cycle phases
- Recognizing typical problems of life cycle phases
- Distinguishing a developmental and a categorical approach to psychological problems
- Ability to recognize the relationship between psychological needs and developmental context.

Contents

The course will promote the acquisition of useful knowledge for the understanding of the importance of developmental transitions in the life cycle and in order to understand the psychodynamic developmental models at the base of the rule-breaking and antisocial behaviors. It will also focus on the effective psychosocial responses in

prevention and treatment interventions.

Detailed program

- Development from the perspective of the life cycle psychology
- Erikson's model
- Psychological Development in typical and atypical contexts
- Motivational systems, affective and social roles and developmental tasks in the life-cycle
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- Affective symbolization
- Dreams content in the life cycle
- Developmental tasks in adolescence, relationships with the family, peer group, mentalizing the body, sexual identity. romantic relationships, learning.
- Behavioral problems in the life cycle.
- Bullying and cyber-bullying.
- Rule-breaking and antisocial behavior
- Effective methods for preventing and treating adolescents' behavioral problems.

Prerequisites

Nothing specific.

Teaching methods

Lectures, discussions, video presentations, practical training

Assessment methods

oral examination.

Textbooks and Reading Materials

- Dispense dei docenti e slides delle lezioni
 - Erikson E. (1982) I cicli della vita. Roma: Armando, 1999.
 - Maggiolini A.(a cura di) (2017). Psicopatologia del ciclo di vita. Milano: Franco Angeli.
 - Maggiolini A. (a cura di) (2014).
 - Senza paura senza pietà. Valutazione e trattamento degli adolescenti antisociali. Milano: Raffaello Cortina Editore (esclusi capitolo: 5 "Strumenti di valutazione" e 8 "Immaturità e rischio di recidiva").
 - Menesini E., Nocentini A., Palladino B.E., (2017). Prevenire e contrastare il bullismo e il cyberbullismo. Bologna: Il Mulino
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