

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### **COURSE SYLLABUS**

# **General Psychology I**

1920-1-E2401P001

#### Learning area

1: Knowledge and skills useful to understand, promote and change individual psychological functioning

#### Learning objectives

Knowledge and understanding

• Main themes and most relevant theories in the study of individual behavioural and cognitive functioning.

Applying knowledge and understanding

- Ability to understand the technical language and the research results in psychology
- · Ability to identify the psychological processes involved in individual behaviour in everyday life
- Ability to recognize the non-pathological cognitive functioning

#### **Contents**

The course introduces students to the most relevant theories and theoretical approaches in the study of general psychology, analyzing in detail some cognitive processes. The intent is to clarify the subjects of interest of general psychology and how general psychology studies the processes and phenomena of interest.

## **Detailed program**

- Experimental approach used by general psychology with particular emphasis on methodological and theoretical aspects.
- Sensory systems
- Problems, methods of investigation and relevant theories of specific cognitive processes:
  - Perception
  - Attention
  - Learning
  - Memory

• Emotions
Prerequisites
Teaching methods
The course will consist of lectures followed by moments of confrontation with the students where specifi experimental will be analyzed and discussed.
Assessment methods
The written exam consists of a written test With multiple choice questions and open questions. The multiple choice questions are aimed at testing the acquired knowledge while the open-ended questions will also test the ability to debate and argue on the course topics in brief. The evaluation criteria are the correctness of the answers, the ability to argue, synthesize, create links, and critically read reality.

#### **Textbooks and Reading Materials**

Students non-fluent in Italian are required to contact the professor for advice on English textbooks.

