

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **SYLLABUS DEL CORSO**

## Sicurezza Sul Terreno

1920-1-E3401Q033

#### **Aims**

The course aims to provide students with the basis for a safe approach to outdoor field activities.

#### **Contents**

The course consists of both therorercical lessons and field activity on different topics related to safety problems durnig laboratory activities and the geological survey activities.

## **Detailed program**

The course consists of five activities:

- 1 theoretical lessons held by employees of the "Prevention and Protection Service" (SPP) on general concepts such as: risk in the natural environment; damage; prevention; protection; organization of business prevention; rights, duties and penalties for the various company subjects; supervisory, control and assistance entities; emergency procedures.
- 2 theoretical lessons held by a medician on first aid procedures that can be implemented in the field of outdoor activities and in the absence of organization and support by medical personnel and procedures.
- 3 theoretical lessons held by staff of the College of Alpine Guides of Lombardy on: clothing and equipment; preparation of the excursion; weather conditions; topography and orientation GPS; safety and rescue in the mountains

- 4 medical examination in order to assess the suitability for land activity even at high altitudes. Students must present themselves punctually in the day and time indicated by the SPP . Only those who have made this visit can participate in the next activity.
- 5 field excursion with staff of the College of Alpine Guides of Lombardy.

## **Prerequisites**

none

## **Teaching form**

As detailed in the description of the course, the course includes classroom lectures, a medical examination and an excursion on the field

## Textbook and teaching resource

Slides of the theoretical lessons

#### Semester

Spring semester

#### **Assessment method**

At the end of the theoretical lessons, the students will have to answer a questionnaire on the topics covered in the lessons. Attendance at lessons and completion of the questionnaires are mandatory in order to move on to the following two phases. At the end of the course, the student who has followed all the activities will register in order to acquire 1 CFU.

Those who, for serious and urgent reasons (certification required) can not participate in the activities of the course, need to follow the course during the following academic year. In fact, those who have not acquired the credit for the course is excluded from any field activities related to the 1st year courses and those of the following years.

#### Office hours

From monday to friday, 14 pm - 16 pm

