



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Clinica

1920-3-E3901N033

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#### Learning area

Models of psychopathology

#### Learning objectives

*Knowledge and understanding*

- Knowledge of the main models of psychological functioning

- Understanding of the terminology related to the different models and the different clinical diagnoses

*Ability to apply knowledge and understanding*

- Develop the basic skills to approach the patient with a mental disorder

- Be able to understand and communicate with other mental health professionals

#### Contents

Theories in clinical psychology

Psychiatric diagnosis

Principles of treatment

## **Detailed program**

Introduction

Personality

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The clinical interview

Elements of psychodiagnostics

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Depressive and bipolar disorders

Anxiety disorders

Disorders related to traumatic events

Eating, sexual, dissociative disorders

Personality disorders

Dementia

Somatic symptom and related disorders

Suicide

Treatments

Psychotherapy

Clinical cases

## **Prerequisites**

Sufficient logic and cultural skills \_\_\_\_\_

## **Teaching methods**

Seminars and discussion of clinical material.

## **Assessment methods**

Multiple choice test (30 questions) and oral examination if the test is sufficient (18).

## **Textbooks and Reading Materials**

Sanavio E., Cornoldi C., "Psicologia Clinica", Il Mulino, 2017 (terza edizione).

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