



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Society and Health I

1920-2-H4102D013-H4102D037M

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#### Aims

At the end of the course, participants will have:

- An understanding of the Health care systems and the role of the different players involved;
- An understanding of the main determinants of population health and main risk factors of disease;
- An understanding of the epidemiological research methods for the analysis of these determinants and risk factors;
- An understanding of the main strategies for promotion and prevention of public health.

#### Contents

This course focus on the principal issues surrounding health and society. The course will focus on the main determinants of population health and risk factors of disease, and explore how epidemiology and public health can more effectively protect and promote the health of populations.

#### Detailed program

The course will include:

- Introduction to determinants of and inequalities in population health and risk factors ;

- Epidemiological basis for assessing the determinants of and inequalities in population health and risk factors;
- Promotion and prevention of public health, using examples from health behavior change, screening, vaccination, etc.

### **Prerequisites**

None.

### **Teaching form**

Lectures and combined individual/group work will be conducted to address the aim of the course.

### **Textbook and teaching resource**

Handouts and selected paper from international peer-reviewed journal.

### **Semester**

1st semester

### **Assessment method**

Written exam: multiple choice test.

### **Office hours**

Monday from 14:30 to 15:30

U38 building (Villa Serena) 5<sup>th</sup> floor, Via pergolesi 33, 20900, Monza

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