



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Metodologia Clinica nelle Scienze Infermieristiche

1920-1-I0101D006

Aims

The course will provide a foundation in knowledge and skills necessary for 1st year nursing students to:

- assess, collect, organize, validate and document patient's data;
- recognize the most important nursing problems and state nursing diagnoses;
- focus the role of nursing professional organizations and associations in maintaining a healthy profession that advocates for the needs of its clients and nurses, and the trust of society;
- focus ethical aspects of nursing practice.

Contents

Initial nursing assessment: physical examination, history taking, data collection, validation and diagnostic reasoning.

Detailed program

Beginning the physical examination: general survey and vital signs

Respiratory assessment

Cardiovascular assessment

Nutritional assessment

Bowel elimination assessment

Urinary elimination assessment

Physical activity assessment

Skin integrity

Hygiene

Sleep and rest

Body temperature

Infection control and prevention

Multidimensional evaluation of pain

Accidental falls risk assessment and prevention

Pressure ulcer: risk assessment and prevention

Communication

Self management assessment in health care: health evaluation, health perception, lifestyle, ability to perform self-care

Personal and social history

Patient education

Loss and grief

Nursing care of the dying patient and his family

Ethical and legal aspects of nursing practice (Italian College of Nursing, Code of Ethics, nursing ethical principles and definitions)

Prerequisites

Contents of previous modules: Fundamentals of Nursing and Midwifery, Biomedical Sciences 1 - 2, Human Physiology.

Teaching form

Lectures, videos, case studies, discussion.

Textbook and teaching resource

All the Schools:

Craven R, Hirnle C, Henshaw CM (2019) *Principi fondamentali dell'assistenza infermieristica*. VI edizione. Milano: CEA.

Fry ST, Johnston MJ (2004) *Etica per la pratica infermieristica* Milano: CEA (capitoli 1, 2, 3 e 4).

Federazione Nazionale Ordini Professioni Infermieristiche (2019) *Il Codice Deontologico dell'Infermiere*. Disponibile da: <http://www.fnopi.it/norme-e-codici/deontologia/il-codice-deontologico.htm>

Schools of Lecco and Monza: additional bibliography

Ausili D, Baccin G, Bezze S, Bompan A, Macchi B, Albero M, Sironi C, Di Mauro S (2018) *Il Modello assistenziale dei processi umani 2018: un quadro teorico per l'assistenza infermieristica di fronte alla sfida della complessità*. Milano: CNAI.

School of Bergamo and Sondrio: additional bibliography

Herdman TH, Kamitsuru S (2018) Nanda International. *Diagnosi infermieristiche – Definizioni e Classificazione 2018-2020*. Milano: CEA.

Semester

1 Year - 2 Semester

Assessment method

Written and oral examination. Written examination: 30 multiple choice questions (minimum mark 18/30 to be admitted to the oral examination). The publication of the results will be published within 3 days from the date of the test. **Oral examination:** brief overview of the written test and discussion; questions and discussion on the topics of the module syllabus. The oral examination will be scheduled within 10 days from the date of the written test.

Office hours

On appointment
