



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Perinatal Psychology (Monza)

1920-2-I0102D013-I0102D042M-T1

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#### Aims

At the end of the course the student will know the emotional and psychological changes that occur during pregnancy and postnatal period

#### Contents

The course provides to the students the knowledge of emotional and psychological changes that occur during pregnancy, birth and postnatal period.

#### Detailed program

Psychology of pregnancy and childbirth. The skills of the fetus and the newborn. Meanings and symbols in pathological pregnancy. The psychological impact of Prenatal Diagnosis. The integrated

#### Prerequisites

None

#### Teaching form

Lectures, practice exercises and working group

## **Textbook and teaching resource**

Pairman Sally, Tracy Jan, Thorogood Carol, Pincombe Sally. Midwifery. Preparation for practice, Churchill Livingstone, 2015, 3rd ed.

Ladewig-London-Davidson, Assistenza alla maternità, ed it a cura di Guana-Grassi, Piccin 2012.

Braibanti p. et al. Psicologia della salute e nascita 2012 Franco Angeli

## **Semester**

Il semester

## **Assessment method**

Written exam with open questions

## **Office hours**

On appointment

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