



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Health Education (Monza)

1920-2-I0102D011-I0102D037M-T1

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#### Aims

The student will know the foundations for an effective communication and the tools for the educational process in the adult life.

#### Contents

The course provides the student the foundations for an efficient communication.

#### Detailed program

Health education theories and models. How to design and to evaluate educational interventions. Pregnancy and childbirth representations. Medicalization and technology in the childbirth. The past and current parenting. The effective communication.

#### Prerequisites

None

#### Teaching form

Lectures, practice exercises and group work.

**Textbook and teaching resource**

Mantegazza R. Narrare l'inizio. Gravidanza, parto, nascita tra natura e culture. Castelvechi, 2017

**Semester**

II semester

**Assessment method**

Oral exam

**Office hours**

On appointment

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