



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Scienze Biomediche 2

1920-1-I0102D005

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#### Aims

Know the basic mechanisms of the onset of disease and the means of defense. Understand the meaning of the laboratory pharmacology. Acquire the basics of microbiology.

#### Contents

Know the underlying causes and pathogenic mechanisms of human diseases, as well as the etiology of the fundamental mechanisms at different levels of integration and acquire the basic knowledge to understand and deal with functional alterations. Collaborate with lecturers and, in perspective, with the multidisciplinary team and with patients to meet their health needs. Use the latest scientific advancement in clinical disciplines.

Learn the basics of drug administration, their absorption and distribution in the body and their elimination. Know how a compound enters into the body.

Learn the meaning of the examination laboratory, its scientific and clinical relevance; the contribution of the laboratory in diagnosis of organ function and patients monitoring; the foundation for interpreting laboratory tests; the influence of the way to collect samples on the laboratory tests.

At the end of this course, the student will be able to know: concept of acute and persistent infection, pathogenicity and virulence, way of transmission of infections and their spread. Concept of carrier (eg. HBV). The correct way to collect, store and use the laboratory. Approaches to laboratory diagnosis of bacterial and viral infections: direct and indirect diagnosis. Essential features

## Detailed program

Concept of disease (acquired, congenital hereditary); areas of general pathology (etiology, pathogenesis). Chronic-degenerative cells, antibodies. Concept of self and non-self. Complement. Immune reaction, primary and secondary. Hypersensitivity type I. Etiological agents. Diseases from radiation and from high temperatures. Burns, characteristics and pathogenic mechanisms. Inflammations, vascular phenomena in exudate development. The cells involved in inflammation acute, diapedesis, chemotaxis, transudate. Classification of exudates, evolution and complications of acute inflammation. Chronic interstitial inflammation. Formation and structure of the granuloma. Examples of granulomatous inflammation (TBC, Lue, silicosis). Manifestations of inflammation: fever, leukocytosis, acute phase proteins. Repair processes. Wound healing. Regeneration, repair. Scar tissue. Healing by first and secondary intention. Factors conditioning healing. Complications in wound healing. Atherosclerosis. Vessels affected by atherosclerosis. Structure of the altered arterial walls. Plaques distribution in the vessel wall. Complications. Thrombosis, embolism. Functional adaptation. Hypertrophy, hyperplasia, homeostasis, balance and functional failure. Growth disease. Pre-neoplastic lesions. Tumors: definition, classification (benign, malignant), nomenclature, malignancy. Chemical, physical and viral (general concepts). Genes involved in neoplastic transformation (general concepts). Concepts of metastasis, metastatic stages of the process. Biology of cancer cachexia.

Discovery and drug development. Study of drug. Preclinical phase. Clinical research. Evidence-based medicine (EBM). Pharmacokinetics. What we know about a drug. Pharmaceutical forms. Ways of administration of drugs. Dosage and influencing factors. Mechanisms of drug action. Biotransformation. Elimination: main (kidney-biliary) and secondary ways. Main pharmacokinetic parameters (bioavailability, redistribution, half-life, clearance). Drug binding to plasma proteins. Individual variability in drug response (age, sex, ethnicity). Adverse drug reactions: hypersensitivity, idiosyncrasy, allergy. Iatrogenic diseases. Tolerance, dependence. Agonists, partial agonists, and non-competitive. Dose-response relationship. Therapeutic index. Synergy, additivity, antagonism, indifference. Milk and placental transfer. Drugs in pregnancy and lactation. Sanitizing skin and environmental. Antiseptic-disinfectant. Pesticides.

Role, purpose and limits of Laboratory Medicine. How to ask for a laboratory test. Characteristics of a laboratory examination. Pre-analytical, analytical and post-analytical phases. Specificity. Predictive value. Patient preparation, identification collection and preservation of samples for the transport. Collection: patient position, location and type of sampling, disinfectants, tourniquet application, blood amount taken, and handling. Physiological factors that alter the composition of body fluids. Biological variables controllable: posture, hospitalization, influence of food, tobacco smoking, alcohol consumption, drug therapies, patient's medical condition. Uncontrollable biological variables: age, sex, ethnicity. Interferences: hemolysis, lipemia, jaundice. The laboratory diagnostic in organ and metabolic functions, in monitoring drug therapy. Main laboratory tests used to assess liver function; definition, classification and clinical significance of the aspartate aminotransferase, gamma-glutamyl transferase, bilirubin, albumin, ammonium, lactic dehydrogenase, alpha-fetoprotein. Kidney: function; definition classification and clinical significance of plasma creatinine, creatinine clearance, estimation of glomerular filtration rate. Chemical-physical examination of urine. Carbohydrate metabolism: the main laboratory tests used for the evaluation of glucose. Significance of fasting plasma glucose, postprandial plasma glucose, plasma glucose after oral load (OGTT), glycated hemoglobin. Examples of indices of acute phase assayed in the laboratory: speed of erythrocyte sedimentation rate (ESR); C-Reactive protein. Overuse of substance: INR and prothrombin activity; measurement of ethanol. The markers of organ failure: tumor markers. Immunology: the blood groups; finding Antibodies Irregulars; blood components; outline of transfusion reactions.

Diagnosis of microbial infections: specimen collection, direct and indirect clinical diagnosis. Bacterial and viral infections of the respiratory tract: virus, bacterial and viral pneumonia. Urinary tract infections: cystitis and pyelonephritis. Reproductive diseases: syphilis, gonorrhea. Bacterial and viral infections of the central nervous system: bacterial and viral meningitis, polio, viral encephalitis. Diseases of the gastrointestinal tract: salmonella, E. coli gastroenteritis, pseudomembranous colitis caused by Clostridium Difficile, Helicobacter and peptic ulcers, candidiasis. Infections of the skin and eyes: Bacteria (staphylococcus, streptococcus, pseudomonas), viruses (HPV, herpes virus), fungi (dermatophytes).

## Prerequisites

Positive evaluation in Biomedical Sciences 1.

## Teaching form

Lectures through presentations in electronic form of drawings and diagrams explaining concepts and functions of the organism.

## Textbook and teaching resource

Pontieri G.M. (2007) Patologia generale e Fisiopatologia generale per le professioni sanitarie, II ed., Padova, Piccin; Specter P. (2007) Anatomia generale, II ed., Milano, Casa Editrice Ambrosiana; Quaglino E., Cavallo F., Forni G. (2010) Le difese immunitarie, I ed., Padova, Piccin;

Page C.P., Curtis M.J., Sutter M.C., Walker M.J.A., Hoffman B.B. (1999) Farmacologia integrata, Milano, Casa Editrice Ambrosiana; Quaglino E., Cavallo F. (2010) Farmacologia generale e speciale per le lauree sanitarie, Padova, Piccin; Neal M.J. (1999) Farmacologia medica in pratica, Padova, Piccin;

Rossi A., Biagiotti S., De Francesco D. (1993) Elementi di immunologia, immunoematologia e pratiche trasfusionali, Milano, Piccin; Rossi A. (2004) Biochimica clinica e immunologia, Milano, Sorbona;

Cevenini R., Sambri V. (2004) Microbiologia e microbiologia clinica - Per i Corsi di Laurea in professioni sanitarie, Padova, Piccin;

## Semester

II semester

## Assessment method

Written examination: 60 closed quiz with multiple choice answer and one open ended question. The 60 quiz are subdivided into 20 for pharmacology, 10 for clinical biochemistry, 10 for microbiology. The examination will be passed with 36 exact answers.

## Office hours

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