



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Human Sciences

1920-1-I0102D007

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#### Aims

The course aims to provide students with the theoretical knowledge concerning psychological, social and anthropological elements of midwifery profession in order to help them to adequately perceive their professional role in a complex context of networks and relationship, in a storical-antropological perspective and understand psychological and social mechanisms of uman behaviour.

Clinical Psychology: know the basic cognitive processes (perception, attention, memory, learning, language); know how to define the concepts of anxiety, depression, stress, burn out, quality of life; to be able to describe the relational dynamics present in the different care settings; to know how to define the placebo phenomenon according to the care relationship; knowing how to describe the placebo effect in relational context and the mechanisms through which it acts

#### Contents

Topic of the Human Sciences course is to give students an overview of the anthropological, social and psychological aspects of health care professions.

#### Detailed program

CLINICAL PSYCHOLOGY - Psychology as a science of human behaviour, methodological aspects of psychological research, with specific attention to health care professions; main concepts of general and clinical psychology (structure of the mind, cognitive and dynamic processes, mental disorders, clinical relationship and

psychotherapy) and the self-evaluation tools (anxiety, stress, burnout and quality of life tests), the psychological challenges of the nursing profession in relation to emergency services, primary care, intensive care and end-of-life care. The placebo effect in the care relationship and its implications. ANTHROPOLOGY - Medical anthropology, human health and disease; social processes and cultural representations of health, illness and related nursing/care practices; Disease, Illness and Sickness; narrative medicine: general principles; popular medicine and health anthropology in the developing countries. SOCIOLOGY - General aspects; the concept of "society": history, features and structure; society as relational network: social relation, disparities, stratification and conflict. Socialization process. Social network: primary and secondary network; Economics in private areas, government, third sector, different types of welfare. Positive action within private-social organizations; AIDO; principles of subsidiarity in health; ill people as a social role; health and social identity. Mass media and communication, new and old media. Globalisation and multicultural society.

## **Prerequisites**

## **Teaching form**

Lectures, small group activities with final written report.

## **Textbook and teaching resource**

CLINICAL PSYCHOLOGY: Maria Pia Viggiano "Psicologia per l'infermiere delle moderne strutture ospedaliere", Carocci, 2015; Fabrizio Benedetti "L'effetto placebo. Breve viaggio tra mente e corpo", Carocci, 2018. SOCIOLOGY - Donati P.P. (2006) Sociologia, CEDAM, Padova, ISBN-13: 9788813263119; Smelser N.J. (2011) Manuale di sociologia, Il Mulino, Bologna, ISBN: 9788815232502; Toni R., Sociologia per infermieri, Piccin, Padova, ISBN: 978-88-299-1043-4; Beccaria F., Morchi M.G., La salute possibile – Manuale di sociologia per infermieri, Carocci Faber, Roma, ISBN: 9788874661046; Bucchi M., Neresini F. (a cura di) Sociologia della salute, Carocci, Roma, ISBN: 9788843018147; Colozzi, I. (1995) Famiglia reti informali e terzo settore, in: Sanicola L. (a cura di) Reti sociali ed intervento professionale, Ed. Liguori, Napoli; Di Nicola, P. (1987) Il ruolo delle reti sociali primarie nel controllo della malattia e protezione della salute, in Donati P. (a cura di) Manuale di sociologia sanitaria, La Nuova Italia Scientifica, Roma; Colozzi, I. (2002) Le nuove politiche sociali, Carocci, Roma, cap. 2 - Il terzo settore, e cap. 3 - Il principio di sussidiarietà; Sanicola L. (2002) La famiglia, risorsa per l'uomo, in Id., Il dono della famiglia. L'affido, oltre l'educazione "assistita", Ed. Paoline, Milano. ANTHROPOLOGY - Pizza G., Antropologia medica. Saperi, pratiche e politiche del corpo. Carocci ed.; Fainzang S., Farmaci e società. Il paziente, il medico e la ricetta. Franco Angeli ed.; Quaranta I. (a cura di) Antropologia medica. I testi fondamentali, Raffaello Cortina Ed.

## **Semester**

1 year - 2 Semester

## **Assessment method**

Written examination with multiple choice and open ended questions and group activity report assessment. Final grade deriving from the average of individual marks of each module (3 different parts) of the exam.

## Office hours

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