



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Introduzione alla Riabilitazione in Ambito Sportivo

1920-3-I0201D024

Aims

Presentation of the basic principles of rehabilitation in sport activities.

Contents

The course aims to introduce students to the major diseases related to sport _____

Detailed program

- Functional overload pathologies (overview and treatment)
- Pathologies of the spine and related problems
- Articular traumatism
- Articular traumatism (classification and treatment)
- Manual therapy and modalities in sport traumatology.

Prerequisites

Teaching form

Textbook and teaching resource

Semester

Assessment method

Office hours
