



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Presentazione Metodo Cyriax

1920-2-I0201D046

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#### Aims

Presentation of the basic principles of the method with particular reference to to  
Cyriax anamnestic criteria: the inspection, palpation and functional examination.

#### Contents

The course aims to provide participants with the basic concepts of the Cyriax  
method. At the end of the course the student will be at now ledged with the  
theoretical basis of the method. The basic principles of assessment, functional  
diagnosis, the criteria on treatment of diseases of the musculo - skeletal system and  
contraindications to treatment that provide an accurate assessment of the structure  
involved.

#### Detailed program

Transversal and deep massage, manipulative therapy for the normalization of  
damaged structures.

- Anamnesis

- Inspection
- Objective exam
- Palpation
- Complementary tests
- Active, passive and resistive tests.

### **Prerequisites**

### **Teaching form**

### **Textbook and teaching resource**

### **Semester**

### **Assessment method**

### **Office hours**

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