

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **SYLLABUS DEL CORSO**

# Cinesiologia

1920-1-I0201D129-I0201D007M

#### **Aims**

#### **Contents**

After the module the student will be able to accurately describe the movement of the joints of the human body segments using the appropriate vocabulary. The course aims at developing the students' knowledge of structure and function of the human body and its systems, with particular attention to the morphofunctional aspects of the musculoskeletal system, to develop the student's knowledge of the morphology of the bones, muscles and joints of the human body, their mutual relations and their function, biomechanics and kinesiology of the joint. The student will be able to make appropriate use of terms that identify the reference planes and the parameters that describe the movement kinesiology.

**Detailed program** 

**Prerequisites** 

**Teaching form** 

Lectures and practise

Textbook and teaching resource

Semester

### Annual

# **Assessment method**

Multiple choice test comprising 5 questions with only one correct answer

Open questions

Oral test (optional, on evaluation of the teacher)

# Office hours

By appointment