

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **COURSE SYLLABUS**

# **Clinical Psychology**

1920-2-I0202D125-I0202D025M

#### **Aims**

Knowing how to describe the concept of "difficult patient" in terms of the narrative of the patient;

Knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient;

Knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions);

Knowing how to describe the placebo effect in relational context and the mechanisms through which it acts

#### **Contents**

The difficult patient and personal narrative

Interpersonal motivational systems

Attachment in the relationship with patients

The placebo effect

## **Detailed program**

The difficult patient and personal narrative.

Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative)

Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-based care approach.

The placebo effect and the implications for the relationship with the patient; the mechanisms by which the placebo effect acts

### **Prerequisites**

#### **Teaching form**

lectures, clinical cases,

# Textbook and teaching resource

Liotti G., Fassone G., Monticelli F. (2017). L'evoluzione delle emozioni e dei sistemi motivazionali. Raffaello Cortina Editore. Capitoli 1,2,3

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. Medicine Today, 17(1-2), 36-44

Benedetti F. (2018). L'effetto placebo. Breve viaggio tra mente e corpo, Roma, Carocci editore

#### **Semester**

first semester

#### Assessment method

closed questions (true/false, multiple choice), open questions on topics presented at lesson, written comment of clinical cases

#### Office hours

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