

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **COURSE SYLLABUS**

# Perinatal Psychology (Bergamo)

1920-2-I0102D013-I0102D042M-T5

# Aims

At the and of the course the student will know the emotional and psychological changes that occur during pregnancy and postnatal period

### Contents

The course provides to the students the knowledge of emotional and psichological changes that occur during pregnancy, birth and postnatal period.

### **Detailed program**

Psychology of pregnancy and childbirth. The skills of the fetus and the newborn. Meanings and symbols in pathological pregnancy. The psychological impact of Prenatal Diagnosis. The integrated

# Prerequisites

None

### **Teaching form**

Lectures, practice exercises and working group

# Textbook and teaching resource

Pairman Sally, Tracy Jan, Thorogood Carol, Pincombe Sally. Midwifery. Preparation for practice, Churchill Livingstone, 2015, 3rd ed.

Ladewig-London-Davidson, Assistenza alla maternità, ed it a cura di Guana-Grassi, Piccin 2012.

Braibanti p. et al. Psicologia della salute e nascita 2012 Franco Angeli

### Semester

II semester

### Assessment method

Written exam with open questions

## Office hours

On appointment