



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Fertilità e Procreazione 1 (Bergamo)

1920-2-I0102D903-I0102D909M-T5

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#### Aims

At the end of the course the student will know the human procreative process and the contraceptive methods.

#### Contents

The course provides the student the knowledge about fertility, procreative process and birth control.

#### Detailed program

Female sexual neurophysiology: normality and dysfunction. Natural fertility regulation (RNF). Birth Control. The "Lactation Amenorrhea Method" (LAM). Midwifery counselling in family planning and in fertility problems.

#### Prerequisites

None

## Teaching form

Lectures, practice exercises and group work.

## Textbook and teaching resource

PAIRMAN, TRACY, THOROGOOD, PINCOMBE. Midwifery Preparation for practice. Elsevier, 2015, 3rd ed.

CARLINO, DE VANNA, DEL PU. Principi di sessuologia clinica, SEU, 2011.

BARBATO. La regolazione naturale della fertilità. Scienza, cultura ed esperienza. CODIT.

PANZERI. Psicologia della sessualità. Il Mulino, 2013

WHO. Medical eligibility criteria for contraceptive use, 2015

WHO, Selected practice recommendations for contraceptive use, 2016

ECEC. Emergency Contraception: a guideline for service provision in Europe. 2016

## Semester

I semester

## Assessment method

Written exam including quiz with only one right answer and oral exam

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## Office hours

On appointment

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