

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **COURSE SYLLABUS**

# **Posturology in Gnathology and Sport**

2021-2-H4601D052

#### **Aims**

To learn the basic skills to approach the athlete in an interdisciplinary way, with particular attention to the functional, traumatological, management of the oral ecosystem and performance

#### **Contents**

The functional and metabolic aspects characteristic of the stresses to which an athlete is subjected are tackled, from the point of view, traumatological, gnathological, preventive, and performance.

### **Detailed program**

Sports history, clinical examination, stomatognathic function, joint pathology, muscular disharmony, descending and extra-abnormal interferences, instrumental evaluations, mouthguards, bite, management of the oral ecosystem, hydration and nutrition, performance aspects, management of the patient with facial trauma

## **Prerequisites**

# **Teaching form**

lecture with slides

# Textbook and teaching resource

Odontoiatria e Sport, E. Spinas et al. , Edi Ermes

### Semester

Second semester

### **Assessment method**

Constant and participatory attendance of the course.

### Office hours