

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **SYLLABUS DEL CORSO**

# La Depressione Post Partum: Strumenti per Riconoscerla e Gestirla

2021-4-H4101D241

#### **Aims**

Goal: the course aim is to give the basic theoretical knowledge about post-partum depression, diagnosis and treatment

Help student to acquire practical abilities in these case management

#### **Contents**

Post-partum depression

Risk assessment Net intervention Practical exercises

# **Detailed program**

Post-partum depression: diagnosis, differential diagnosis, attachment theory, assessment, screening, clinical intervention.

Practical exercises of case management

### **Prerequisites**

Enrollment in the fourth year of the Degree in Medicine and Surgery or in the second year of the Degree in Obstetrics

## **Teaching form**

Frontal lesson and practical exercises

It should be noted that, in the event - also in the second half of the year - of an emergency state of COVID19 or other, the lessons will be recorded and available online, with some live events on on-line platforms (e.g. Webex, Zoom, Google Meet) that will be planned and communicated on e-learning course website

# Textbook and teaching resource

articles and slides by the teacher that will be uploaded on the elearning site

#### **Semester**

second term

#### **Assessment method**

Questionnaire

In case of extension of the pandemic emergency COVID19 and official restrictions also in the second semester, the oral exams will be exclusively through on-line platforms (e.g.WebEx platform).

#### Office hours

To make an appointment, please contact the teachers by e-mail: mariagrazia.strepparava@unimib.it

office: U38, villa Serena (Monza), room number 5-24, V floor