

## UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### **COURSE SYLLABUS**

## Behavioural Sciences, Communication Skills I

2021-2-H4102D013-H4102D039M

Aims
At the end of the course the student acquires the following knowledge and skills:
Contents
Psychological and relational variables in the doctor-patient relationship; Disease Centered Medicine and Patient Centered Medicine; communication techniques; communication protocols (e.g. Calgary Cambridge Interview); verbal and non-verbal communication; therapeutic alliance; sane and vicious interpersonal cycles.
Detailed program
General aspects
Doctor centered vrs Patient Centered Medicine; f
Techniques of verbal communication;

# Communication guidelines and protocols **Emotions** The role of emotions in communication and in the doctor / patient relationship;\_ **Prerequisites** general knowledge about Humanities in medicine acquired in the first year course "Humanities" **Teaching form** Frontal lessons, with the use of active and interactive methodologies (e.g. mentimeter, flipped classroom, buzz groups), guided discussion in the classroom, with the use of educational videos and film clips Small group reflective activities, clinical cases discussion, clinical conversations simulations, role-playing (es. prescribe insulin injections to a patient with needle phobia) It should be noted that, in the event - also in the second half of the year - of an emergency state of COVID19 or other, the lessons will be recorded and available online, with some live events on on-line platforms (e.g. Webex, Zoom, Google Meet) that will be planned and communicated on e-learning course website **Textbook and teaching resource** Communication Skills for Medicine, 4e Lloyd et al., Elsevier, 2018 (UK) Skills for Communicating with Patients, 3rd Edition Jonathan Silverman, Suzanne Kurtz, Juliet Draper, CPD press, 2013 (ITA e UK) R. Buckmann, Difficult Conversations in Medicine: Strategies That Work in Breaking Bad News, 2010, SAGE (UK) R. Buckmann, How to Break Bad News: A Guide for Health Care Professionals (UK)

### Semester

J. Groopman, How Doctors Think, 2008 (ITA e UK)

L. Sanders 2010; Every patient tells a story, Penguin

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### **Assessment method**

Final assessment is aimed at measuring:

It includes discussion of problems, analysis of clinical cases, open conceptual questions, closed questions

In case of extension of the pandemic emergency COVID19 and official restrictions also in the second semester, the oral exams will be exclusively through on-line platforms (e.g.WebEx platform).

### Office hours

To make an appointment, please contact the teachers by e-mail: mariagrazia.strepparava@unimib.it office: U38, villa Serena (Monza), room number 5-24, V floor