



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Tecniche Fisiche per L'optometria Generale 2

2021-2-E3002Q010-E3002Q028M

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#### Aims

The broad objectives of this course are the following:

- enable students to understand the theoretical concepts of the neurophysiological mechanisms which rule the binocular visual system and their investigation through the most widely shared optometric techniques.
- provide the tools for a global assessment of data obtained from the optometric examination in order to recognize the visual problem and adopt an adequate corrective strategy.

#### Contents

Basics of binocular vision;

Vergence and accommodation evaluation through optometric tests;

Non-strabismic anomalies of binocular vision;

Accommodative anomalies;

Optometric examination: case history, analysis and prescription.

## Detailed program

- Basics of binocular vision: motor and sensory fusion mechanisms, retinal correspondence, stereopsis and related tests.
- Preliminary tests
- Accommodation, Vergence, Phorias and AC/A Ratio;
- Functional tests performed in free space and with the phoropter to assess accommodation (amplitude, lag/lead, flexibility, negative and positive relative accommodation);
- Functional tests performed in free space and with the phoropter to assess vergence (amplitude, fusional reserves, flexibility);
- Fixation disparity
- Optometric analysis methods: visual graphic analysis, OEP analytical method, Morgan normative analysis, Fixation disparity, and Integrative Analysis
- Functional accommodative anomalies: classification, investigation and treatment.
- Non-strabismic anomalies of binocular vision: classification, investigation and treatment.
- Case history;
- Prescription guidelines;
- Presbyopia: description and corrective solutions;
- Visual field investigation
- Color Vision

## Prerequisites

- Basic knowledge of ocular anatomy and physiology
- Basic knowledge of ophthalmic optics.
- Knowledge from the course "Tecniche Fische per l'Optometria Generale - I modulo".

## Teaching form

Lectures will be available via *synchronous* (live) classes on Tuesday and Wednesday 8.30-10.30 or in asynchronous way.

## Textbook and teaching resource

- Borish's Clinical Refraction, W. J. Benjamin, 2nd Edition, Elsevier

- Clinical Procedures in Primary Eye Care, David. B. Elliott, 4th Edition Elsevier

- Clinical Management of Binocular Vision: Heterophoric, Accommodative, and Eye Movement Disorders. M. Scheiman, B. Wick, 5th Edition. Wolters Kluwer

## **Semester**

II year, II semester from March 2<sup>nd</sup> 2021.

Lectures will be available on the e-learning course page.

## **Assessment method**

Oral exam.

During the Covid-19 emergency, the WebEx platform will be used.

## **Office hours**

Appointment needed: federica.cozza@unimib.it

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