



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Muscular Assessment

2021-1-I0201D130-I0201D191M

Aims

The student should :

- know and know to apply the assessment of the muscular performance through the manual muscle test (MMT)

Contents

Detailed program

- The break test for the muscular evaluation based on a defined grading - Basic muscular dysfunction: weakness, stiffness, shortness and long muscles. - MMT of the trunk, head and neck: extensors,

Prerequisites

Teaching form

Lab

Textbook and teaching resource

* Kendall Florence Peterson, Elizabeth

Kendall McCreary, Patricia Geise Provance, I muscoli - funzioni e test

(quinta edizione), Verducci Editore, Roma, 2002

Semester

2nd semester

Assessment method

Described in the subject's syllabus

Office hours

By appointment
