



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Valutazione Muscolare

2021-1-I0201D130-I0201D191M

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#### Aims

The student should :

- know and know to apply the assessment of the muscular performance trough the manual muscle test (MMT)

#### Contents

##### Detailed program

- The break test for the muscular evaluation based on a defined grading - Basic muscular dysfunction: weakness, stiffness, shortness and long muscles. - MMT of the trunk, head and neck: extensors,

#### Prerequisites

#### Teaching form

Lab

## **Textbook and teaching resource**

\* Kendall Florence Peterson, Elizabeth

Kendall McCreary, Patricia Geise Provance, I muscoli - funzioni e test

(quinta edizione), Verducci Editore, Roma, 2002

## **Semester**

2nd semester

## **Assessment method**

Described in the subject's syllabus

## **Office hours**

By appointment

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