



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Ciriaux Methodology

2021-2-I0201D046

Aims

Presentation of the basic principles of the method with particular reference to to
Cyriax anamnestic criteria: the inspection, palpation and functional examination.

Contents

The course aims to provide participants with the basic concepts of the Cyriax
method. At the end of the course the student will be at now ledged with the
theoretical basis of the method. The basic principles of assessment, functional
diagnosis, the criteria on treatment of diseases of the musculo - skeletal system and
contraindications to treatment that provide an accurate assessment of the structure
involved.

Detailed program

Transversal and deep massage, manipulative therapy for the normalization of
damaged structures.

- Anamnesis

- Inspection
- Objective exam
- Palpation
- Complementary tests
- Active, passive and resistive tests.

Prerequisites

Teaching form

Textbook and teaching resource

Semester

Assessment method

Office hours
