UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Presentation Kinesio Taping

2021-2-I0201D067

Aims

basic concepts of the Kinesio Taping technique.

Contents

The course aims to provide participants with the basic concepts of the Kinesio Taping technique (elastic adhesive bandage with therapeutic, bio-mechanical effect). At the end of the course the student should know the theoretical basis of the technique of Kynesio taping, the main available tests and contraindications to treatment.

Detailed program

- Principles of the method

- Tape application concepts, basics

- Main tests

Prerequisites

Teaching form

Textbook and teaching resource

Semester

Assessment method

Office hours