



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Introduzione alla Riabilitazione in Ambito Sportivo

2021-3-I0201D024

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#### Aims

Presentation of the basic principles of rehabilitation in sport activities.

#### Contents

The course aims to introduce students to the major diseases related to sport \_\_\_\_\_

#### Detailed program

- Functional overload pathologies (overview and treatment)
- Pathologies of the spine and related problems
- Articular traumatism
- Articular traumatism (classification and treatment)
- Manual therapy and modalities in sport traumatology.

#### Prerequisites

#### Teaching form

**Textbook and teaching resource**

**Semester**

**Assessment method**

**Office hours**

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