

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### **COURSE SYLLABUS**

## **Introduction To Rehabilitation in Sports Field**

2021-3-I0201D024

#### **Aims**

Presentation of the basic principles of rehabilitation in sport activities.

#### **Contents**

The course aims to introduce students to the major diseases related to sport \_\_\_\_\_\_

#### **Detailed program**

- Functional overload pathologies (overview and treatment)
- Pathologies of the spine and related problems
- Articular traumatism
- Articular traumatism (classification and treatment)
- Manual therapy and modalities in sport traumatology.

#### **Prerequisites**

#### **Teaching form**

Textbook and teaching resource	
Semester	
Assessment method	
Office hours	