UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Evalutation and Treatment of The Painful Shoulder

2021-3-I0201D032

Aims

Develop the knowledge of the treatment strategies for the patient with painful shoulder.

Contents

One session of 7 hours, concept of evaluation and treatment of the painful shoulder will be presented.

Detailed program

Functional Anatomy - Biomechanics and arthrokinematics of the shoulder (joints: glenohumeral, sub-acromial, scapulo-thoracic, acromio-clavicular, sterno-clavicular);

Principles of pathology and pathogenesis of the syndromes of conflict and instability according to the different schools of thought (Kinetic Control, Maitland, Mc Connel, Mezieres).

Principles of treatment according to the aforementioned schools of thought.

Prerequisites

Students of the Course in Physiotherapy at 3rd year and over.

Teaching form

Textbook and teaching resource

Semester

Assessment method

Office hours