

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### SYLLABUS DEL CORSO

## **Psicologia Clinica**

2021-3-I0101D014-I0101D044M

#### **Aims**

Knowing how to describe the concept of "difficult patient" in terms of the narrative of the patient; knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient; knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions); knowing how to describe the different phases of the Calgary Cambridge model, identifying the objectives and the main communication and relational skills required.

#### **Contents**

The difficult patient and personal narrative

Interpersonal motivational systems

Attachment in the relationship with patients

The Calgary Cambridge model and communication skills

#### **Detailed program**

The difficult patient and personal narrative. Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative). Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-based care approach. The Calgary Cambridge model and communication skills (start of consultation, information gathering, explanation and planning, conclusion, providing structure, building the relationship).

**Prerequisites** 

Be regular with the curricular exams

**Teaching form** 

During the Covid-19 emergency period, lessons will be held remotely asynchronously with synchronous

videoconferencing events.

Textbook and teaching resource

Liotti G., Fassone G., Monticelli F. (2017). L'evoluzione delle emozioni e dei sistemi motivazionali. Raffaello

Cortina Editore. Capitoli 1,2,3

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care.

Medicine Today, 17(1-2), 36-44

Silverman J., Kurtz S., Draper J. (2015). Competenze per comunicare con i pazienti. Piccin

Some suggested supplementary material will be uploaded on the e-learning platform

Semester

First semester

**Assessment method** 

Written test: closed questions (true/false, multiple choice), open questions on topics presented at lesson.

During the Covid-19 emergency period exams will be delivered using the e-proctoring platform.

Office hours

by appoitment: marco.bani1@unimib.it