UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Psychiatric and Mental Health Nursing

2021-3-I0101D014-I0101D045M

Aims

Learning basics related to mental health and their application to clinical context.

Contents

Learning basics related to mental health and their application to clinical context.

Detailed program

Analyze and know the care patterns in Italy, according to law, through the most significant historical stages; analyze the professional development of nursing in psychiatry; identify aspects of nursing care in the psychiatric context according to the conceptual reference model; understand outpatient organization, goals and activities; knowledge about assistance planning: from observation to data collection, nursing diagnosis, care planning, based on the principles of therapeutic relationship and project, and the use of staff of support; being able to participate in teamwork and multidisciplinary integration; ability to handle with the relationship of help to psychiatric patient; ability to use therapeutic communication; ability to use restraint models; manage the pharmacological administration to the psychiatric patient; be conscious of your own life as a care tool; be aware of psychiatric nursing responsibilities; plan patient care in case of aggression and violence. Contents: from the madness in history to the patient as a sick person; native history of psychiatry; national and regional psychiatric legislations; organization of care and care process, Department of Mental Health and related Units; the process and principles of nursing care in psychiatry according to the conceptual reference model; nursing records in psychiatry; nursing care to the patient in his/her different expressions of his illness (anxiety, delirium and hallucinations, depression, aggression etc ...); assistance to violent patients; assistance in treatment under section, legal medical reflexes; the places of care: inpatient and

outpatient units, rehabilitation or welfare centers; nurse case manager: reference for the person with psychic discomfort; specificity of the nursing profession; rehabilitation in psychiatry; the complexity of the disease, for the person and for the context; professional communication tools; observance of needs and assistance; team management of the therapeutic project; planning nursing care; self-awareness and emotional engagement; nursing in the area of Child Neuropsychiatry (the relationship with the child and his/her parents; nursing care of the child with autism; nursing care of people with eating disorders).

Prerequisites

Be regular with the curricular exams.

Teaching form

If COVID-19 emergency ends: Frontal lessons and discussion of documentary material; use of audiovisual instruments about experiences of disease and about treatment appointments and locations.

Due to COVID-19 emergency: mixed method: partial physical presence and syncronous/asyncronous videolessons

Textbook and teaching resource

a) Drigo M.L., Borzaga L., Mercurio A., Satta E. (1997) Clinica e Nursing in Psichiatria. Milano: CEA; b) Barelli P., Spagnolli E. (2004) Nursing di salute mentale. Firenze*:* Carocci Faber; c) Raucci V., Spaccapeli G. (2013) Fondamenti di infermieristica in salute mentale. Santarcangelo di Romagna: Maggioli. IN-DEPTH BIBLIOGRAPHY: a) Basaglia F. (1997) Che cos'è la Psichiatria, Baldini & Castoldi; b) Basaglia F. (1998) L'istituzione negata. Rapporto da un ospedale psichiatrico, Baldini & Castoldi; c) Jervis G.(1997) Manuale critico di psichiatria, Feltrinelli; d) Sanza M.(1999) Il comportamento aggressivo e violento in psichiatria. Valutazione e intervento, Centro Scientifico Editore; e) Saraceno B. (1995) La fine dell'intrattenimento. Manuale di riabilitazione psichiatrica, ETAS-RCS.

Semester

3 Year - 1 Semester

Assessment method

During the COVID-19 emergency, examination will be thelematic. Students can use WebEx platform plus a public link available on e-learning page to guarantee virtual public access

Office hours

On appointment