UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Long-term Care and Geriatric Nursing

2021-3-I0101D016-I0101D051M

Aims

Know the main characteristics of aging and the management of problems related to the chronicity of the elderly person
• Contextualize the concept of "frailty" in the elderly and the importance of multidimensional assessment (VMD) using the main assessment scales
• identify the main nursing diagnoses, outcomes and interventions within the intra-hospital and territorial care path.
• identify the main typical manifestations of the frail and disabled person
• identify the main nursing diagnoses, outcomes and interventions for people with fractures.

Contents

The course aims to provide students with the knowledge and procedures necessary to identify and to respond to the needs of nursing care of the person using the nursing process, contextualizing the assistance situations in the field of geriatric care, orthopedic and rehabilitation.

Detailed program

The frail elderly: framework and reflection through the cornerstones of geriatrics and hints of the Chronic Care Model.
Selfcare in the person with chronic pathology
The multidimensional assessment of the frail elderly.
The management of falls, cognitive deterioration and delirium.
Problems related to the need to feed and hydrate, urinary and intestinal elimination, problems of the oral cavity; pharmacological management in the elderly, pain management and fractures in the elderly, immobilization syndrome and notes on sarcopenia.

Prerequisites

Teaching form

Frontal lessons, teledidactis:
During the Covid-19 emergency period, lessons will take place in mixed mode: partial presence and asynchronous / synchronous videotaped lessons

Textbook and teaching resource

· Antonelli Incalzi R, *Manuale di Geriatria*, Edizioni EDRA

· Manuale di competenze in Geriatria (risorsa online: https://www.sigg.it/manuale-di-competenze-in-geriatria/)

· ISTAT, *Anziani in Italia,* Il Mulino.

· Bosello O., Zamboni M., *Manuale di Gerontologia e Geriatria*, Piccin

· Grassi, Pazzaglia, Pilato, Zatti, *Manuale di Ortopedia e Traumatologia* ELSEVIER MASSON

Nebuloni G., (2017) Assistenza infermieristica alla persona anziana CEA

Semester

3rd Year, 1st Semester

Assessment method

In the Covid-19 emergency period the oral exams will only be online. They will be carried out using the WebEx platform and a public link will be provided on the e-learning page of the course to maintain publicity for the exams

Nursing written test: 14 multiple choice quizzes and three open questions. To pass the test, you must pass the 12 point cut off and have answered the open questions sufficiently.

Office hours

On appointment