UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Palliative Care Nursing and End-of-life Care

2021-3-I0101D133

Aims

Improve nursing knowledge about people in the end of their life.The purpose is to make nurses aware about the correct approach focused on the person and not on the sickness. This is oriented to improve the quality of the remaining life and assist the person living this peculiar period of existence.

Contents

Palliative care is a therapeutic process aimed not only at the control of symptoms, but mainly at maintaining and recovering the best possible quality of life. This can be happen by performing therapeutic actions focused on involving psychological, social and spiritual area (re: Società Italiana di Cure Palliative SICP il core curriculum dell'infermiere in cure palliative, 2013)

Nursing activity in palliative cares requires to reach a high degree of ownership in five main areas of competence: ethical, clinical, personal communication and relationship, psychosocial and team working (Infermieristica in cure palliative di Cesarina Prandi – 2015)

This classes provide several contents referred to the care of terminally ill people and to nursing in palliative care.

Beside testimonies of experience and real cases by professionals working in this field, presentations of tools, technicalities and methods clinically tested or developed by the research will be held.

Additional contents will be: welcoming the patient and his relatives, mourning support, communication between nurses and patient, care relationship, ethics, integration between hospital and home care,

cooperation between professionals and volunteers, working in multidisciplinary teams, team work management.

Detailed program

Topic lists

FIRST DAY

Ore 9.00-11.00

- Presentation of the Course

Ore 11.00-13.00

- Nursing care to people at end of life

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mso-fareast-language:ZH-CN" lang="EN-US">

"Arial","sans-serif";color:black;mso-ansi-language:EN-US;mso-fareast-language:
ZH-CN" lang="EN-US">Hours 13:00 to 14:00 Lunch Break
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Ore 14.00 – 18.00

- Bibliography of palliative cares

SECOND DAY

Ore 9.00-13.00

- Nursing care in home and hospice setting

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mso-fareast-language:ZH-CN" lang="EN-US">

"Arial","sans-serif";color:black;mso-ansi-language:EN-US;mso-fareast-language:
ZH-CN" lang="EN-US">Hours 13:00 to 14:00 Lunch Break
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Ore 14.00 – 18.00

Development of ethical skills, clinical, communication and interpersonal, psychosocial and finally work skills in a team

Prerequisites

3rd year student

Teaching form

Frontal lesson and storytelling

Textbook and teaching resource

- Il core curriculum dell'infermiere in cure palliative (SICP, 2013)
- Le cure palliative in Italia: inquadramento storico (Giuseppe Casale, Alice Calvieri - Centro Antea, Roma [MEDIC 2014; 22(1): 21-26])
- Sito SALUTE.GOV: Cure palliative e terapia del dolore http://www.salute.gov.it/portale/temi/p2_4.jsp?area=curePalliativeTerapiaDolore
- Società Italiana di Cure Palliative: http://www.sicp.it/web/eventi/SICP/index.cfm
- Infermieristica in cure palliative di Cesarina Prandi – 2015 - eBook di EdizioniEdra.it
- Legge 38/2010: http://www.salute.gov.it/portale/temi/p2_5.jsp?area=curePalliativeTerapiaDolore&menu=legge

Semester

Second semester

Assessment method

Office hours