UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

The Nursing To Persons With Stoma-care

2021-2-I0101D120

Aims

General objective: description of nurse activity at people with an ostomy

Specific objectives:

1. stoma and skin care;

2. know and manage the early and late complications through the presentation of clinical cases

3. know every step of the therapeutic project that involves people with an ostomy and their caregivers

Contents

STOMA-CARE is a nursing discipline dedicated to the management of ostomy:

- packaging techniques,

- therapeutic education (pre-, post-surgery, hospital discharge, at home)

- choosing the right device

- stoma care

- prevention of early and late complications

The nursing figure is the reference point for people with ostomies and health workers and / or caregivers who wish to deepen their knowledge and skills.

The topic "ostomy" has often been poorly treated and consequently inadequate attention was given to patients who carried it; such patients were therefore forced to live in silence and isolation their condition of "ostomy", with all the negative consequences, both psychological and practical, that could derive from them.

In recent years, the stomatherapy is becoming increasingly widespread thanks to the presence of health professionals specialized in the sector and the birth of specific clinics both at the main hospitals and on the territory. Particular relevance to enterostomies and notes about urinary ostomy.

Detailed program

outline of anatomy and pathophysiology and packaging techniques

stoma-care and the selection of the right device

therapeutic education (pre-, post-surgery, hospital discharge, at home)

prevention of early and late complications

Prerequisites

2nd-3rd year

Teaching form

Lectures; plenary discussion; practical demonstration

Textbook and teaching resource

J.F. d'Ivernois, R. Gagneayre, " Educare il paziente - Guida all'approccio medico-terapeutico", Mediaserve Editore, Parigi (1998)

Marriner-Tomey, I teorici del Nursing e le loro teorie, Edizione italiana a cura di R. Alvaro, D. Spotti, Mosby-Year Book, Inc., St.Luis, Missuri, USA (1994)

Sfera Progetto Hollister SPA, L'educazione Terapeutica rivolata al paziente con stomia addominale, Corso di aggiornamento, Milano 12 maggio 2004

Hollister SPA- Italia: Stomia – *Mosè:* le *Tavole*, Linee Guida, Corso di aggiornamento, Milano 18 ottobre 2010

S.C.Smelttzer, B.Bare, J.Hinnkle, K.Cheever. Brunner , Suddarth, "Infermieristica Medico-Chirurgica", CEA, Milano (2010)

www.aioss.it

Associazione Italiana Operatori Sanitari in Stomaterapia

www.fais.info

Federazione Associazioni Incontinenti e Stomizzati - ONLUS

www.wcetn.org

World Council of Enterostomal Therapists

www.ecet-stomacare.org

European Council of Enterostomal Therapy

www.wikistoma.it

strumento web based per la consultazione on-line di informazioni riguardo la stomaterapia

Semester

second semester

Assessment method

Office hours