UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Psychoanalyticpsychology

2021-2-E2401P138

Learning area

KNOWLEDGE AND SKILLS USEFUL TO UNDERSTAND, PROMOTE AND CHANGE INDIVIDUAL PSYCHOLOGICAL FUNCTIONING

Learning objectives

Knowledge and understanding

- History of psychoanalysis
- Psychodynamic models of the mind and of its development in relation to significant others;
- Psychoanalytic models of pathological functioning
- Introduction to the history of psychotherapy

Applying knowledge and understanding

- Ability to critically evaluate psychodynamic theories of emotional and cognitive functioning, both rational and irrational
- Develop an understanding of the principles of unconscious functioning
- Reflect upon the links between theories of normal and pathological functioning and clinical work from an historical point of view

Contents

The course aims to develop knowledge relative to psychodynamic theoretical models from their origin to their current developments. The first part of the course will concentrate on Freudian theory as well as the models proposed by the founders of the main post-Freudian schools of thought. The second part of the course will underline the more recent developments.

Detailed program

- The origin of psychodynamic theories
- Freudian thought
- Melanie Klein and her followers
- Ego Psychology in the UK and USA
- The ‘Independent" School
- John Bowlby and the origin of attachment theory
- Self-Psychology
- Relational and intersubjective psychoanalysis.

Prerequisites

Knowledge of the history of Psychology is useful but not obligatory.

Teaching methods

The material (slides and, when possible, scientific articles) is made available on the e-learning site of the course.

Assessment methods

Textbooks and Reading Materials