UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Psychoanalyticpsychology - 1

2021-2-E2401P138-T1

Learning area

KNOWLEDGE AND SKILLS USEFUL TO UNDERSTAND, PROMOTE AND CHANGE INDIVIDUAL PSYCHOLOGICAL FUNCTIONING

Learning objectives

Knowledge and understanding

- History of psychoanalysis
- Psychodynamic models of the mind and of its development in relation to significant others;
- Psychoanalytic models of pathological functioning
- Introduction to the history of psychotherapy

Applying knowledge and understanding

- Ability to critically evaluate psychodynamic theories of emotional and cognitive functioning, both rational and irrational
- Develop an understanding of the principles of unconscious functioning
- Reflect upon the links between theories of normal and pathological functioning and clinical work from an historical point of view

Contents

The course aims to develop knowledge relative to psychodynamic theoretical models from their origin to their current developments. The first part of the course will concentrate on Freudian theory as well as the models proposed by the founders of the main post-Freudian schools of thought. The second part of the course will underline the more recent developments.

Detailed program

- The origin of psychodynamic theories
- Freudian thought
- Melanie Klein and her followers
- Ego Psychology in the UK and USA
- The ‘Independent" School
- John Bowlby and the origin of attachment theory
- Self-Psychology
- Relational and intersubjective psychoanalysis.

Prerequisites

Knowledge of the history of Psychology is useful but not obligatory.

Teaching methods

During the Covid-19 emergency period, the lessons will take place remotely in asynchronous mode, with events in syncronous mode.

The material (slides and, when possible, scientific articles) is made available on the e-learning site of the course.

Assessment methods

The exam is written, and includes 20 multiple choice questions (maximum score 20) and the discussion of a clinical case (maximum score 10 plus any bonus). The final score is given by the sum of the two tests.

The questions are intended to ascertain the effective theoretical knowledge of the students.

The evaluation criteria are: the correctness of the answers and the critical knowledge of the learned concepts.

For those students who request it, an oral interview is also provided, on all the topics of the course, which can lead to an increase or decrease of up to 2 points compared to the score of the written exam.

No “in itinere” examinations are scheduled.

During the Covid-19 emergency period, written and oral exams will be telematic only. They will be conducted using Respondus proctoring system and WebEx platform. The e-learning page of the course will contain instructions for the exam and a public link to access the exam for possible online viewers.

Textbooks and Reading Materials

The exam will focus on slides and material presented in class and uploaded to the E-learning site.

In addition, as a support and complement to the slides, the following texts should be consulted:

1) DE CORO, A. & ORTU, F. (2010). Psicologia dinamica. I modelli teorici a confronto. Roma-Bari: Laterza. Di cui: Tutti i capitoli con l'eccezione del capitolo 3 (Carl Gustav Jung).

2) FREUD, S. (1916). Introduzione alla psicoanalisi. Torino: Bollati Boringhieri.